



Commonwealth Games

PLAYGROUP SESSION PLANNER



BIRMINGHAM

2022

commonwealth
games



Play Spaces

Theme: Commonwealth Games

The 2022 Commonwealth Games are being held in Birmingham, England. The opening ceremony is being held on the 28th of July and the closing ceremony on the 7th of August. 72 Commonwealth nations are expected to participate, competing across 19 different sports over 10 days.

FACT:
19 different sports participate in the Commonwealth Games.



Creative Space

Commonwealth Games Torches

CHILDREN WILL NEED: Red, yellow, orange tissue/crepe paper, paper towel rolls, gold paper or yellow paint, scissors, sticky tape, stickers.

INSTRUCTIONS:

Cut a paper towel roll in half. Cut gold paper to size, wrap around the roll, stick down with sticky tape. Or paint with yellow paint and leave to dry. Tuck the excess paper into the ends. Cut the tissue paper/crepe paper into wide strips, take two pieces of each colour and poke into the top of the torch, stick down with sticky tape. Decorate the torch handle with stickers.

EXTENSION IDEAS: Once the tissue paper is stuck down into the torch, use scissors to make cuts in the tissue paper to make the flames look alive.

What is your favourite sport at the Commonwealth Games?



Play Spaces

Messy and fun outdoor activity!

Providing a diverse range of activities will support children's experience and whole developmental experience. Play spaces and activities can be set up as opportunities for free play.

Sensory Activity *Gold Medal Playdough*

You will need: Flour, salt, oil, cream of tartar, yellow food colouring, peppermint essence or something similar for the scent. Make a batch of Playdough.

Instructions:

1 Cup of Plain flour

½ Cup of Salt

1 Tbls Cream of Tartar

1 Tbls Cooking Oil

1 Cup of Boiling Water

Food colouring

Mix the dry ingredients together. Mix food colouring/essence, and oil into the water and add to dry ingredients, mix until a dough forms. Knead until smooth and stretchy.

Make Gold medals for your very own Commonwealth Games using your Playdough.



Outdoor Activity DIY *Obstacle Course*



Hula Hoops, ball toss, tunnel, steppingstones, running between cones. Set up an obstacle course using things you have at Playgroup and watch the children complete the course. You could make medals that you can give out to the children when they have finished the course.



Play Spaces

How to set up your Play Space...

Baby Play



Setting up a Baby Play area can be very simple. A soft mat and some pillows are a great start. Items to include could be a mirror on the wall, treasure baskets, musical instruments, surprise box with different texture materials or scarves. Board books and some open space so that baby can explore and roll.



Quiet Corner



A sensory tent or area is valuable for children who are overstimulated and need some quiet time or space away from the group. You can include pillows, a blanket, sensory toys such as glitter wands, stress balls, bubble timers, poppits, wooden fidget toys, reversible sequins cushions, books and ear muffs.

Social Space



Social spaces include role play opportunities where children can play out scenarios such as kitchens, cafes, supermarkets, doctors, florists, bakeries, airports, work bench with tools and many others. You may provide dress ups, items for sale or production or service. This can also include playing families and home making.



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Builder's Corner



Ways to set up a builders corner include duplo, cars and train sets, loose parts play, box construction, wooden blocks, stacking and building games, cup stacking, building a fort with blankets, arranging materials on a lightbox, sand play and plasticine.

Group Time

Commonwealth Games

Routines provide predictability for children

Activities to include in your Playgroup Routine

Welcome Song



Niina Marni [Niina Marni]

Niina marni? Niina marni? >> Marni'ai. Marni'ai

Wanti niina? Wanti niina? >> Wardli-ana, Wardli-ana.

© Cherie Watkins



Shared Experience



Parachute Play – get the children and parents together on the floor, using a parachute or an old sheet sing some songs, have a blown-up balloon and place it on top of the parachute/sheet, move and shake it trying to keep the balloon on top of the parachute. Talk about the Commonwealth Games, ask the children if they are going to watch them, who are they going to support?

Story Time



Have a look at the local library or bookstore for:

Little People, Big Dreams Jesse Owens by Maria Vegara & Anna Jansen

There's a Baddie Running Through This Book by Shelly Unwin & Vivienne To



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Goodbye Song



Where are the children? Where are the children?

Here they are! Here they are!

We had fun at Playgroup! We had fun at Playgroup!

Bye for now, Bye for now!

Framework



Playgroup SA's Playgroup Planning Framework has been designed to ensure that there is an evidence-informed approach to the planning of activities and experiences. There are five play types drawing on Mildred Partens work, the Australian Early Development Census (AEDC) domains of development are covered, and the five outcomes in the Early Years Learning Framework. The Programming framework ensures that children attending Playgroup are engaged, are participating and have a diverse set of activities and experiences to support them to thrive. When programming we make sure there are opportunities for purposeful play, we think development and plan for outcomes.

Play Types

'Play' is synonymous with how children spend most of their time in the first few years of life. People of all ages benefit from play and play-based activities. Play is the central mechanism, providing a strong foundation for learning. When activities programmed at Playgroup align with each of the Play Types, children will enjoy a rich and diverse learning experience at Playgroup. When children interact and experiment in the Playgroup environment, they will better organise and make sense of the world around them as they play.



Functional Play



Construction Play



Role Play



Explorative Play



Creative Play

AEDC Domains

AEDC developmental domains help to provide a common language for families, and educators to understand and discuss outcomes through a developmental lens when children engage in different play-based activities. The AEDC domains can be particularly useful for reflecting on how individual children's development is progressing, and programming activities that work toward achieving optimal outcomes for each child. Understanding these domains of development can help families connect the activities and experiences that will support children to develop the skills in preparation for transitioning into the pre-school and school environments.



Physical health and wellbeing



Social competence



Emotional maturity



Language and cognitive skills



Communication skills and general knowledge

Early Years Learning Framework

The EYLF is used as the central framework in Early Childhood Education settings. The EYLF was designed to ensure that children in all early childhood education and care settings have access to meaningful activities and experiences that will support children's learning from birth through to five years. EYLF is Play-based and recognises families as children's first educators. A quality experience at Playgroup aligned with EYLF outcomes will ensure that children will have the best chance of positive experiences in the learning environment at school.



Outcome 1 Children have a strong sense of identity

Outcome 2 Children are connected with & contribute to their world

Outcome 3 Children have a strong sense of wellbeing

Outcome 4 Children are confident & involved learners

Outcome 5 Children are effective communicators

Row, Row, Row your boat!

How to play – The parachute becomes the oars of the boat with this song. Adults will be responsible for the pulling and pushing motion to make the parachute go back and forth like oars of a boat.

We are rowing for Commonwealth Gold!

**Row, row, row your boat
Gently down the stream
Merrily, merrily, merrily, merrily
Life is but a dream
Row, row, row your boat
Gently up the creek
If you see a little mouse
Don't forget to squeak! (Do lots of
squeaking!)
Row, row, row your boat
Gently down the stream
If you see a crocodile
Don't forget to scream! (Scream!)**

