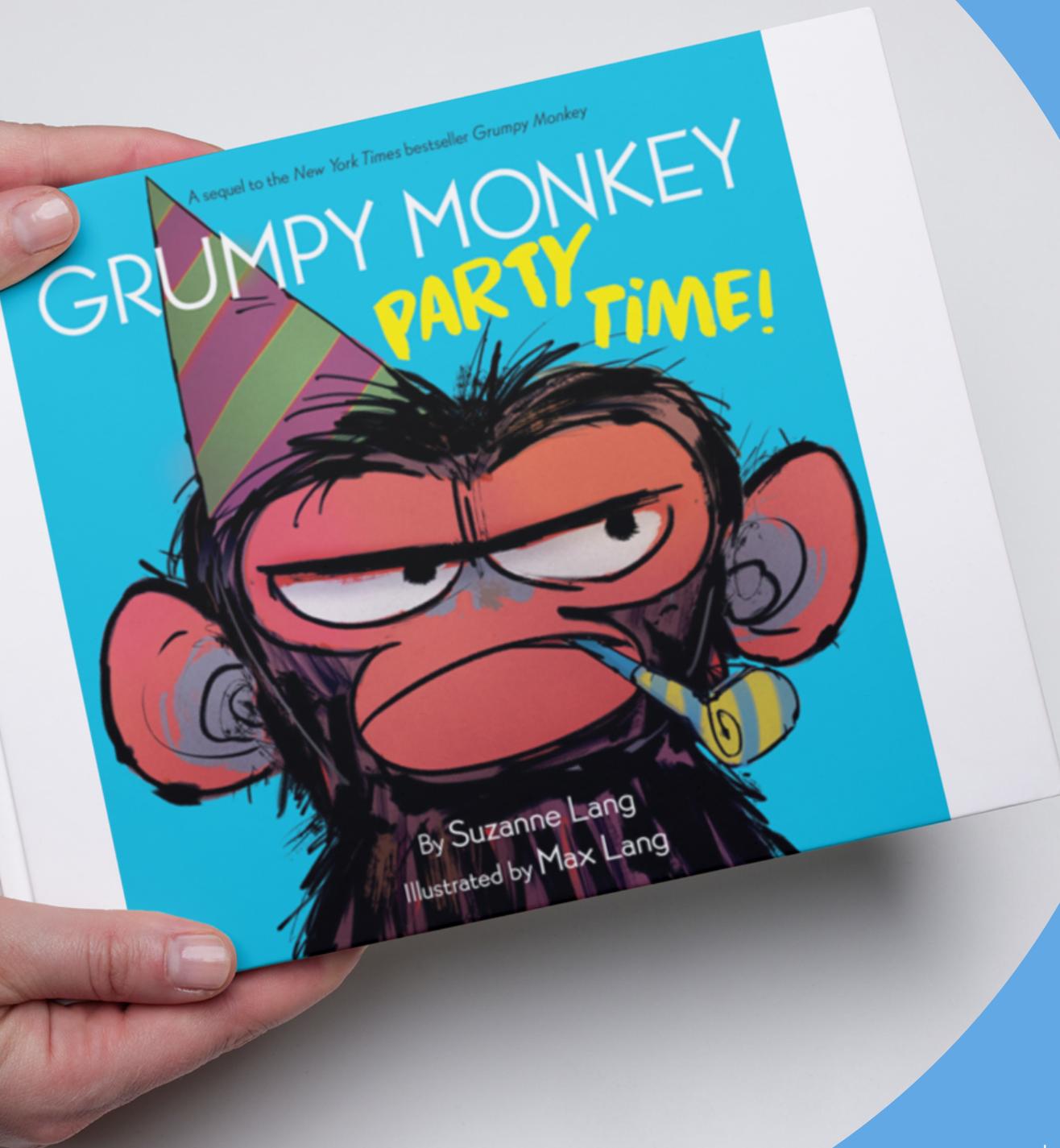




# Grumpy Monkey

## PLAYGROUP SESSION PLANNER





# Play Spaces

## Theme: Grumpy Monkey Party Time

Jim Panzee has been invited to a party, but he is a little anxious about going. His Best Friend Norman said there will be dancing. Jim doesn't really like dancing. Grumpy Monkey Party Time – is a great book that aims to help children with social anxiety by encouraging them to listen to their needs. If they don't feel comfortable doing something the book encourages them to speak up, as there may be others feeling the same way.

### FACT:

Anxiety is a normal part of childhood. In most cases, anxiety in children is short-lived and goes away after a while. If you feel your child needs extra support start with your GP.



## Creative Space

### Grumpy Monkey

**CHILDREN WILL NEED:** Paper, brown, white, green paint, paint brushes & textas.

**INSTRUCTIONS:** Paint your hand with brown paint. Press down onto the paper. Paint a vine for the Monkeys tail to grip too, like its swinging on the branches. Mix some white and brown paint together to make a pale colour. Add some feet and a face. Leave to dry. Once dry, use black texta to outline the feet, add eyes and mouth. Put a grumpy face on like Jim.

**EXTENSION IDEAS:** Cut some fluffy material or wool, and stick it to the body of the Monkey to give texture to Jim.

*Glue leaves you have collected from outside onto the vine*



# Play Spaces

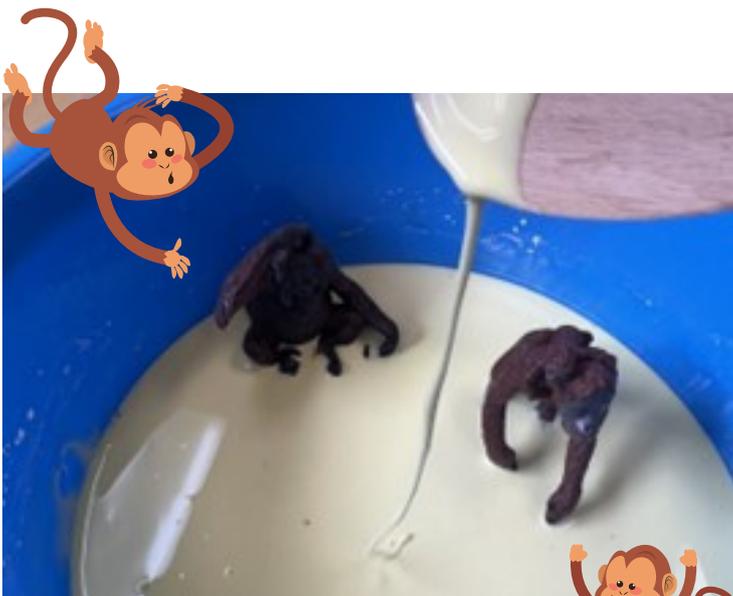
Easy and fun  
outdoor activity!

Providing a diverse range of activities will support children's experience and whole developmental experience. Play spaces and activities can be set up as opportunities for free play.

## Sensory Activity *Monkey Gloop*

**You will need:** 2 Cups of Cornflour, water, yellow food colouring, tray/tub/bowl, wooden spoons, bowls.

**Instructions:** Mix the cornflour with a little bit of water. Keep adding water until it is smooth and runny enough to be dribbled, then add a few drops of food colouring. Let the children explore the gloop with their hands and utensils.



## Outdoor Activity *Dance Party*



Have a Dance Party – Just like Jim and his friends, play some music outside and have a dance party. Encourage each other to dance like no one is watching and have fun. Dancing is great exercise!



# Play Spaces

How to set up your Play Space...

## Baby Play



Setting up a Baby Play area can be very simple. A soft mat and some pillows are a great start. Items to include could be a mirror on the wall, treasure baskets, musical instruments, surprise box with different texture materials or scarves. Board books and some open space so that baby can explore and roll.



## Quiet Corner



A sensory tent or area is valuable for children who are overstimulated and need some quiet time or space away from the group. You can include pillows, a blanket, sensory toys such as glitter wands, stress balls, bubble timers, poppits, wooden fidget toys, reversible sequins cushions, books and ear muffs.

## Social Space



Social spaces include role play opportunities where children can play out scenarios such as kitchens, cafes, supermarkets, doctors, florists, bakeries, airports, work bench with tools and many others. You may provide dress ups, items for sale or production or service. This can also include playing families and home making.



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## Builder's Corner



Ways to set up a builders corner include duplo, cars and train sets, loose parts play, box construction, wooden blocks, stacking and building games, cup stacking, building a fort with blankets, arranging materials on a lightbox, sand play and plasticine.

# Group Time

## Grumpy Monkey

Routines provide predictability for children

### Activities to include in your Playgroup Routine

#### Welcome Song



Niina Marni [Niina Marni]

Niina marni? Niina marni? >> Marni'ai. Marni'ai

Wanti niina? Wanti niina? >> Wardli-ana, Wardli-ana.

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#### Shared Experience



Talk about how we can feel before going to a party or activity. We may feel worried, excited, happy or scared. We may have the best time, make new friends, and enjoy the activities.

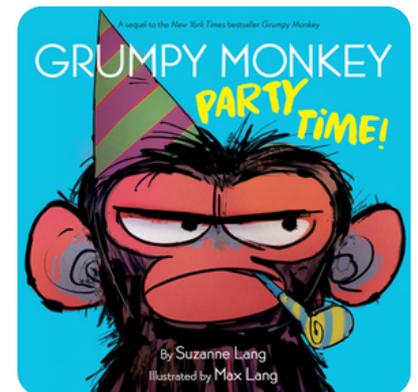
Sing 5 Little Monkeys – as you are singing, have the children jump up and down like they are jumping on the bed.

#### Story Time



Have a look at the local library or bookstore for:

Grumpy Monkey Party Time by Suzanne Lang



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#### Goodbye Song



Where are the children? Where are the children?

Here they are! Here they are!

We had fun at Playgroup! We had fun at Playgroup!

Bye for now, Bye for now!

# Framework



Playgroup SA's Playgroup Planning Framework has been designed to ensure that there is an evidence-informed approach to the planning of activities and experiences. There are five play types drawing on Mildred Partens work, the Australian Early Development Census (AEDC) domains of development are covered, and the five outcomes in the Early Years Learning Framework. The Programming framework ensures that children attending Playgroup are engaged, are participating and have a diverse set of activities and experiences to support them to thrive. When programming we make sure there are opportunities for purposeful play, we think development and plan for outcomes.

## Play Types

'Play' is synonymous with how children spend most of their time in the first few years of life. People of all ages benefit from play and play-based activities. Play is the central mechanism, providing a strong foundation for learning. When activities programmed at Playgroup align with each of the Play Types, children will enjoy a rich and diverse learning experience at Playgroup. When children interact and experiment in the Playgroup environment, they will better organise and make sense of the world around them as they play.



Functional Play



Construction Play



Role Play



Explorative Play



Creative Play

## AEDC Domains

AEDC developmental domains help to provide a common language for families, and educators to understand and discuss outcomes through a developmental lens when children engage in different play-based activities. The AEDC domains can be particularly useful for reflecting on how individual children's development is progressing, and programming activities that work toward achieving optimal outcomes for each child. Understanding these domains of development can help families connect the activities and experiences that will support children to develop the skills in preparation for transitioning into the pre-school and school environments.



Physical health and wellbeing



Social competence



Emotional maturity



Language and cognitive skills



Communication skills and general knowledge

## Early Years Learning Framework

The EYLF is used as the central framework in Early Childhood Education settings. The EYLF was designed to ensure that children in all early childhood education and care settings have access to meaningful activities and experiences that will support children's learning from birth through to five years. EYLF is Play-based and recognises families as children's first educators. A quality experience at Playgroup aligned with EYLF outcomes will ensure that children will have the best chance of positive experiences in the learning environment at school.



Outcome 1 Children have a strong sense of identity

Outcome 2 Children are connected with & contribute to their world

Outcome 3 Children have a strong sense of wellbeing

Outcome 4 Children are confident & involved learners

Outcome 5 Children are effective communicators



# Five little monkeys



Five little monkeys jumping on the bed,  
One fell off and bumped his head,  
Mama called the doctor and the doctor said,  
"No more monkeys jumping on the bed!"

Four little monkeys jumping on the bed,  
One fell off and bumped his head,  
Mama called the doctor and the doctor said,  
"No more monkeys jumping on the bed!"

Three little monkeys jumping on the bed,  
One fell off and bumped her head,  
Mama called the doctor and the doctor said,  
"No more monkeys jumping on the bed!"

Two little monkeys jumping on the bed,  
One fell off and bumped his head,  
Mama called the doctor and the doctor said,  
"No more monkeys jumping on the bed!"

One little monkey jumping on the bed,  
He fell off and bumped his head,  
Mama called the doctor and the doctor said,  
"Put those monkeys to bed!"

