



Craft Activity

Theme: The Ocean And Seas

Intro: The sea is a large body of salt water surrounded by land. 70% of the Earth's surface is covered by sea and is divided into 5 oceans. These are known as the Atlantic, Pacific, Indian, Arctic and Southern Oceans.

Craft activity: Pool Noodle Sail Boats

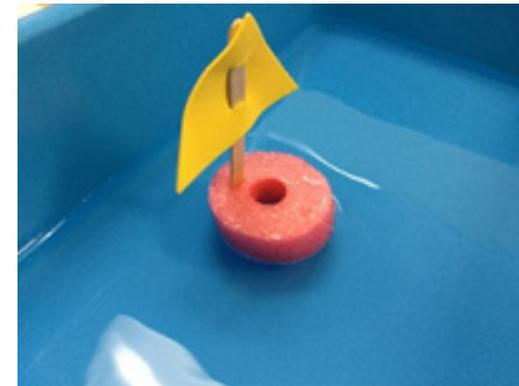
Children will need: Pool Noodle, paddle pop stick, coloured card or thin, craft foam, scissors.
(Please note: Coordinators will need to cut the pool noodle into segments approximately 2-3cms thick before the Playgroup session.)

Instructions:

Take a piece of pool noodle and push the end of a popstick into the top of the pool noodle to form a mast. Using scissors (and some adult help), cut a piece of craft foam into a triangle shape; then cut 2 small slits into the centre of the craft foam (horizontally). Place the popstick through the 2 slits to form your sail. Now you can practice sailing your boat! *Adults may need to assist younger children with cutting.

Extension Idea: Make an "under the sea" diorama. Look at a World Globe to find the seas and oceans on Earth. Sea themed Yoga. (see attached yoga poses)

Fact: The United Nations estimates that there are more than 3 million shipwrecks on the ocean floor. The Pacific Ocean is the World's largest ocean.



Learning Outcome 2: Children are connected with and contribute to their world.

Coordinator extension ideas and group time guide

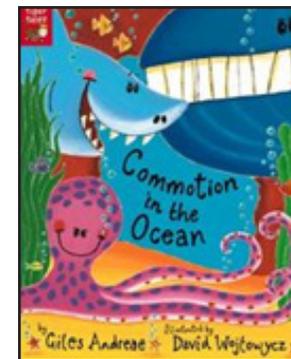
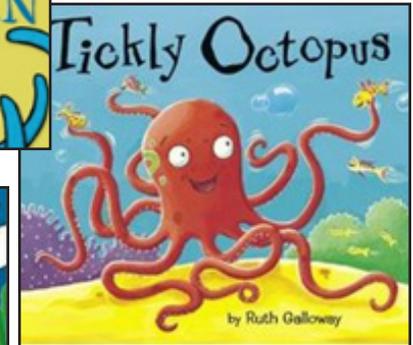
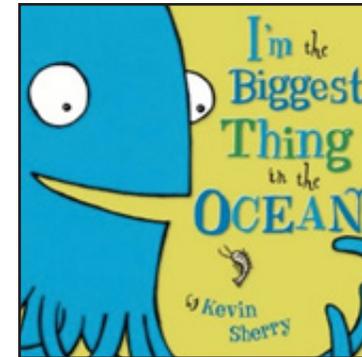
Outside Activity: Water Tray

You will need: Large Tray, water, food colouring (if desired) objects to float or sink.

Instructions: Blue food colouring can be added to water to replicate the sea. Find other objects at Playgroup that may float on the water.

Group time ideas:

- Song & Story time.
- Children can discuss what colours their boats are?
- Practice the Sea themed yoga poses.
- Ask the children if they know
 - anything else that floats in the sea?
 - The names of the 5 oceans?
 - Animals that live in the sea?



Book Suggestions:

Commotion in the Ocean by Giles Andreae

Tickly Octopus by Ruth Galloway

I'm the biggest thing in the ocean by Kevin Sherry



1, 2, 3, 4, 5

1,2,3,4,5,
Once I caught a fish alive,
6, 7,8,9,10,
Then I let it go again.
Why did you let it go?
Because it bit my finger so.
Which finger did it bite?
This little finger on my right.

Old Macdonald

Old Macdonald had an ocean
E I E I O
And in his ocean he had a shark!
E I E I O
With a chomp, chomp here
(Make a big chomping motion with your arms)
And a chomp, chomp there
Here a chomp, there a chomp
Everywhere a chomp, chomp
Old Macdonald had an ocean
E I E I O

We also sang about
CRAB - pinching fingers
WHALE - stand up and "spout" hands in the air
SEA TURTLE - swim slowly around the room

Take me Out To The Ocean

Tune: Take Me Out To The Ball Game

Take me out to the ocean,
Take me out there right now!
Show me the sand and the palm trees too,
I hear a sea gull and boat that goes toot!
There are surfers riding the big waves,
And, I'm so glad I came!
I see one, two, three sea shells
At the ocean today!

OCEAN YOGA USING A CHAIR



I am a manta ray.

WARRIOR 3 POSE



I am a jellyfish.

FORWARD BEND



I am a whale.

COBRA POSE



I am a crab.

REVERSE TABLE TOP POSE



I am an urchin.

CHILD'S POSE

OCEAN YOGA



I am a jellyfish.
STANDING FORWARD BEND



I am a shark.
LOCUST POSE



I am a dolphin.
DOLPHIN POSE



I am a crab.
TABLE TOP POSE



I am a turtle.
TORTOISE POSE