



Craft Activity

Theme: My body - Hands

Intro: Our hands are different to animal hands or paws as the thumb and fingers can work together. Learn more about your hands at Playgroup today.

Craft activity: High Five Hands

Children will need: cardboard, lead pencil, scissors, pop stick, sticky tape, textas/crayons and stickers.

Instructions:

Place your hand onto a piece of cardboard.

Use the lead pencil to trace around your hand and cut out the shape with scissors.

Write your name on your hand shape and then decorate with textas/crayons and stickers.

Tape on a pop stick.



Extension ideas:

Older children can trace their own hand. Younger children can get an adult to help trace their hand or use a template.

Parents/Carers may like to also make one using their own handprint. They can then compare sizes and high five each other.

Fact: Did you know your fingers have names? Thumb, Index Finger, Middle Finger, Ring Finger and Pinky.



Learning Outcome 2: Children are connected with and contribute to their world.



Coordinator extension ideas and group time guide

Sensory activity: Finger painting

You will need: Finger Paint (assorted colours), shallow bowls/plates (ice-cream lids work well), paper.

*note: you can use brought non-toxic paint or make your own paint using recipe shown:

Instructions:

Encourage children to use their fingers and hands to make prints on the paper.

Set up a table or large shallow tray outside and put some blobs of the finger paint recipe on it. Children can then smear it around on the flat surface and experiment with mixing colours.

Group time ideas:

- Encourage everyone to join in at group time.
- You may like to start with some questions about the activities you have done at playgroup today (high five hands and finger painting).
- Who made a high five hand today?
- Did anyone play with the finger paint?
- What did it feel like?
- Did you mix the colours together?
- Say the name of each of your fingers and have everyone touch the named finger on their own hand – Thumb, Index Finger, Middle Finger, Ring Finger and Pinky.

Finger Paint Recipe

Ingredients:

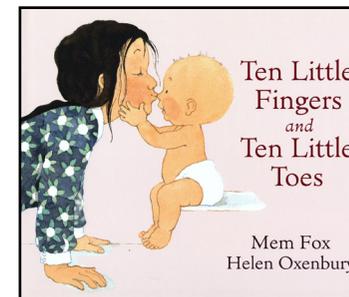
Cornflour	1/4 Cup
Boiling Water	1 Cup
Food Colouring	1/4 Teaspoon

Directions:

- Add food colouring to boiling water
- Slowly stir the coloured water into cornflour
- Heat in the microwave for 1-2 minutes, stopping regularly to mix. Once thickened and cooled, finger paint is ready to use

Book Suggestions:

Ten Little Fingers and Ten Little Toes by Mem Fox





Ten Little Fingers

Tune: Ten Little Indians

One little, two little, three little fingers
Four little, five little, six little fingers
Seven little, eight little, nine little fingers
Ten little fingers on my hands.

Two Little Bluebirds

Act out the actions while reading aloud the following:

Two little blue birds sitting on a hill. *(Hands together, thumbs up)*
One named Jack, one named Jill. *(Wiggle one thumb and then the other thumb)*
Fly away Jack, fly away Jill. *(Fly one thumb behind back then the other thumb)*
Come back Jack, come back Jill. *(Bring back one thumb then the other thumb)*

If you're happy and you know it

If you're happy and you know it, give a high five,
(High five the person next to you or high five yourself)
If you're happy and you know it, give a high five,
(High five the person next to you or high five yourself)
If you're happy and you know it, then you really ought to show it,
If you're happy and you know it, give a high five.
(High five the person next to you or high five yourself)

Look at your Friend

Look at your friend and give a high five,
Look at your friend and give a high five,
Look at your friend and give a high five,
Thank you for being my friend. *(Shake hands)*

Where is Thumbkin?

(Start with hands behind back)

Where is thumbkin? Where is thumbkin? Here I am
(Bring right hand to front with thumb up)
Here I am *(Bring left hand to front with thumb up)*
How are you this morning? Very well, I thank you
(Wiggle thumbs as if they're talking' to each other)
Run away *(Hide right hand behind back)*
Run away. *(Hide left hand behind back)*

Sing other verses:

Where is pointer? Where is pointer?
(Bring right hand to front with index finger up)
Where is tall man? Where is tall man?
(Bring right hand to front with third finger up)
Where is ring man? Where is ring man?
(Bring right hand to front with fourth finger up)
Where is pinkie? Where is pinkie?
(Bring right hand to front with pinkie finger up)