



## Craft Activity

**Theme:** Valentine's Day

**Intro:** Valentine's Day is celebrated the 14th of February. In the 18th century Valentine's Day evolved into an occasion in which lovers expressed their love for each other by giving flowers, sweets and sending cards. Learn more about Valentine's Day at Playgroup today.

**Craft activity:** Valentine Heart on a stick

**Children will need:** Heart template from red/pink cardboard, red/pink bits and pieces (e.g. patty pans, pom-poms, pipe cleaners, heart shapes etc), pop stick, glue, sticky tape.

### Instructions:

Decorate a heart using the bits and pieces available.

Tape a pop stick to the back of your heart.

You may like to give your heart to someone that is special to you. Happy Valentine's Day!

### Extension ideas:

Older children may like to draw their own heart shape and cut it out instead of using the template.

**Group activity idea:** Provide a huge heart shape (using the side of a large box or an A1 piece of cardboard) and let children decorate it together.

**Fact:** Teachers receive the most Valentine's Day cards.



**Learning Outcome 1:** Children have a strong sense of identity.



## Coordinator extension ideas and group time guide

### Sensory activity: Red Playdough with heart shapes

**You will need:** Red Playdough, heart shape cutters.

You may like to print some of the Valentine's Day Playdough Mats and laminate them for children to use with the playdough.

#### Instructions:

Make red playdough as per recipe. This recipe can easily be doubled if needed. You may like to make the playdough with the children – please be very careful with the hot water and have parents also supervising.

#### Ingredients:

Plain Flour - 1 Cup  
Salt - 1/2 Cup  
Cream of Tartar - 1 Tablespoon  
Cooking Oil - 1 Tablespoon  
Boiling Water - 1 Cup  
Food Colouring - 1/2 - 1 Teaspoon

#### Directions:

- Mix together dry ingredients
- Mix food colouring and oil into water and slowly add to dry ingredients until dough forms
- Knead until smooth and stretchy
- Store in an air tight container in the fridge
- Add flavour essence, glitter or herbs for variation!

### Outside activity: Chalk Drawing

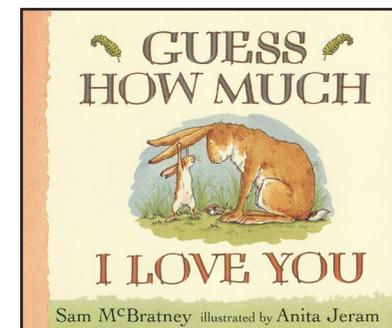
Provide a container of chalk outside for children to practising drawing hearts on the pathways.

### Group time ideas:

- Reflect on the playgroup session:
- Did anyone practise drawing some hearts with the chalk? Did you draw anything else with the chalk?
- Who played with the playdough today? Did it smell nice? (if you added rosewater or rose petals).
- Who made a Valentine's Day heart today? Are you going to keep it or get it to someone special?
- If you made a large heart group collage today, you can show the group the finished artwork. Is there anywhere we can display it?
- Encourage parents/caregivers to join in with song time as some of the songs promote a bonding opportunity between them and their child.

### Book Suggestion:

Guess How Much I Love You - Sam McBratney





## If You Love Me and You Know It

If you love me and you know it give me a cuddle,  
If you love me and you know it give me a cuddle,  
If you love me and you know it then you really ought to show it,  
If you love me and you know it give me a cuddle.

## My Valentine Heart

### *Tune:*

When I say I love you (*Point to lips*)  
It comes from my heart (*Hand on heart*)  
You hear it in your ear (*Point to ear*)  
And it sounds very smart (*Point to head*)  
I love it when you're proud of me (*Stand very tall*)  
You say it all day long (*Stretch arms wide*)  
And when I hear you say it (*Point to ear*)  
My heart sings a merry song (*Hand on heart*)

## Be My Valentine

### *Tune: Mary Had a Little Lamb*

You're a special friend of mine,  
Friend of mine, friend of mine.  
You're a special friend of mine.  
Be my Valentine!

## Skidamarink

Skidamarink a dink a dink  
Skidamarink a doo  
I love you.  
I love you in the morning  
And in the afternoon  
I love you in the evening  
And underneath the moon  
Oh...  
Skidamarink  
a dink a dink  
Skidamarink a doo  
I love you.

## A Great Big Hug

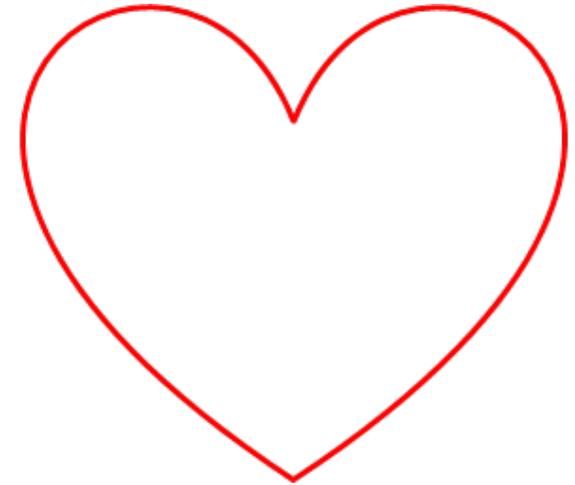
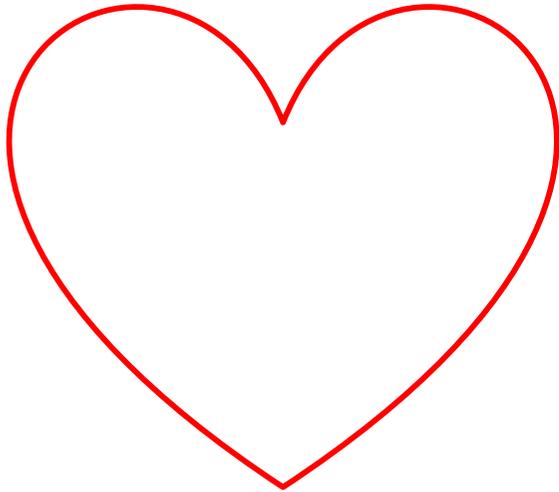
(<http://www.childfun.com/holidays/valentines/songs-poem-fingerplays/>)

### *Tune: The Wheels on the Bus*

Oh, I just love your hugs and kisses,  
Hugs and kisses, hugs and kisses.  
Oh, I just love you hugs and kisses,  
Come and give me some.  
A great big hug and lots of kisses,  
Lots of kisses, lots of kisses.  
A great big hug and lots of kisses,  
Ready? Here I come!



**Use playdough to make some heart shapes or  
decorate some hearts for Valentine's Day.**



# Playgroup SA Theme #3 Valentines Day - Template

