



Book Week

PLAYGROUP SESSION PLANNER

CHILDREN'S
BOOK WEEK®

#CBCA2023

19 to 25 AUGUST

READ
GROW
Inspire





Play Spaces

Theme: Book Week

Book week celebrates the importance of reading, and how it helps a child's cognitive and emotional development. Reading books with children helps them learn important literacy skills while also developing their imaginations. Book Week is celebrated in many countries throughout the world. How will you be celebrating Book Week this year?

FACT:

Book Week began in 1945 as there were very few writers in Australia writing Children's Literature. It was hoped that having a competition for the Best Book would encourage more writers to write Children's Books..



Creative Space

Read Grow Inspire Flower Craft

CHILDREN WILL NEED:

Newspaper, A4 coloured paper/paper (patterned paper, glue, scissors, and printed words Read Grow Inspire

INSTRUCTIONS: Cut out petals from the newspaper, cut out a flowerpot from patterned paper. Glue the flowerpot onto your chosen coloured card. Cut a circle out of coloured paper (yellow or orange), a strip of green paper for the flowers stem, glue the stem and centre of the flower onto the paper, and then add on your petals.

EXTENSION IDEAS: For a 3D effect, use a paper straw as the flower's stem, glue your first set of petals on and then layer more on top but only glue at the bottom of the petal, leaving them to "float".

Buy an old paperback book from a secondhand store to cut up for the petals.



Play Spaces

Messy and fun outdoor activity!

Providing a diverse range of activities will support children's experience and whole developmental experience. Play spaces and activities can be set up as opportunities for free play.

Sensory Activity *Book Sensory Bin.*

You will need: Pick a book for example - Cat in the Hat or The Hungry Caterpillar. For Cat in the Hat use red and white rice, or green rice for The Hungry Caterpillar. A large bowl or tray, tongs, scoops. Toy food items & a caterpillar for the Hungry Caterpillar, print off pictures from Cat in the Hat or photos of different types of hats.

Instructions:

Place your chosen filler into the bowl or tray, cover the items, place tongs and scoops in the tray for the children to explore and discover. Place the book next to the tray, look at the book as they explore what's in the tray, and talk about the story.



Outdoor Activity *Hide and Seek*



You will need: Childrens Books – hide some around your outdoor space. Have a list of the books that you have hidden, take some photos of the book covers and print them off on a sheet of paper so the children can recognise them. They can tick them off as they find them. Once they have found a book, leave it there for the next person to find. When they have found all the books, reward them with a sticker.



Play Spaces

How to set up your Play Space...

Baby Play



Setting up a Baby Play area can be very simple. A soft mat and some pillows are a great start. Items to include could be a mirror on the wall, treasure baskets, musical instruments, surprise box with different texture materials or scarves. Board books and some open space so that baby can explore and roll.



Quiet Corner



A sensory tent or area is valuable for children who are overstimulated and need some quiet time or space away from the group. You can include pillows, a blanket, sensory toys such as glitter wands, stress balls, bubble timers, poppits, wooden fidget toys, reversible sequins cushions, books and ear muffs.

Social Space



Social spaces include role play opportunities where children can play out scenarios such as kitchens, cafes, supermarkets, doctors, florists, bakeries, airports, work bench with tools and many others. You may provide dress ups, items for sale or production or service. This can also include playing families and home making.



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Builder's Corner



Ways to set up a builders corner include duplo, cars and train sets, loose parts play, box construction, wooden blocks, stacking and building games, cup stacking, building a fort with blankets, arranging materials on a lightbox, sand play and plasticine.

Group Time

Book Week

Routines provide predictability for children

Activities to include in your Playgroup Routine

Welcome Song



Niina Marni [Niina Marni]

Niina marni? Niina marni? >> Marni'ai. Marni'ai

Wanti niina? Wanti niina? >> Wardli-ana, Wardli-ana.

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Shared Experience

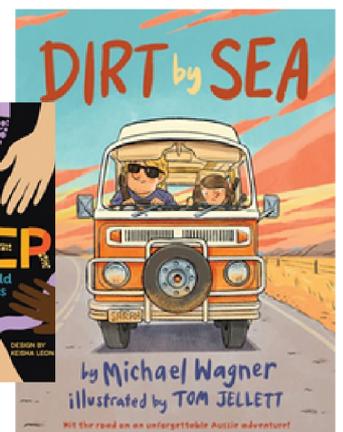
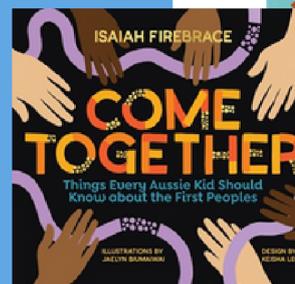


Ask the Children to bring in their favourite book to Book Week playgroup. Invite children to dress as their favourite character. Let the children tell the group what they love about the book, when do they read it? At bedtime or anytime? Who do they like reading books with? Talk to them about how important reading is. Read one of the CBCA shortlisted books to the group – Read Grow and Inspire from reading.

Story Time



Both books have been shortlisted for the 2023 Childrens Book Council of Australia Book of the Year prize and are available at BigW & Kmart. Come Together: Things Every Aussie Kid Should Know about the First Peoples by Isaiah Firebrace & Jaelyn Biumaiwai and Dirt by Sea by Michael Wagner & Tom Jellett.



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Goodbye Song



Where are the children? Where are the children?
Here they are! Here they are!
We had fun at Playgroup! We had fun at Playgroup!
Bye for now, Bye for now!

Framework



Playgroup SA's Playgroup Planning Framework has been designed to ensure that there is an evidence-informed approach to the planning of activities and experiences. There are five play types drawing on Mildred Partens work, the Australian Early Development Census (AEDC) domains of development are covered, and the five outcomes in the Early Years Learning Framework. The Programming framework ensures that children attending Playgroup are engaged, are participating and have a diverse set of activities and experiences to support them to thrive. When programming we make sure there are opportunities for purposeful play, we think development and plan for outcomes.

Play Types

'Play' is synonymous with how children spend most of their time in the first few years of life. People of all ages benefit from play and play-based activities. Play is the central mechanism, providing a strong foundation for learning. When activities programmed at Playgroup align with each of the Play Types, children will enjoy a rich and diverse learning experience at Playgroup. When children interact and experiment in the Playgroup environment, they will better organise and make sense of the world around them as they play.



Functional Play



Construction Play



Role Play



Explorative Play



Creative Play

AEDC Domains

AEDC developmental domains help to provide a common language for families, and educators to understand and discuss outcomes through a developmental lens when children engage in different play-based activities. The AEDC domains can be particularly useful for reflecting on how individual children's development is progressing, and programming activities that work toward achieving optimal outcomes for each child. Understanding these domains of development can help families connect the activities and experiences that will support children to develop the skills in preparation for transitioning into the pre-school and school environments.



Physical health and wellbeing



Social competence



Emotional maturity



Language and cognitive skills



Communication skills and general knowledge

Early Years Learning Framework

The EYLF is used as the central framework in Early Childhood Education settings. The EYLF was designed to ensure that children in all early childhood education and care settings have access to meaningful activities and experiences that will support children's learning from birth through to five years. EYLF is Play-based and recognises families as children's first educators. A quality experience at Playgroup aligned with EYLF outcomes will ensure that children will have the best chance of positive experiences in the learning environment at school.



Outcome 1 Children have a strong sense of identity



Outcome 2 Children are connected with & contribute to their world



Outcome 3 Children have a strong sense of wellbeing



Outcome 4 Children are confident & involved learners



Outcome 5 Children are effective communicators