



Mother's Day

PLAYGROUP SESSION PLANNER





Play Spaces

Theme: Paper

We love all of the Mum's, Nonna's, Yia Yia's, Grandmothers, Step-Mum's and special women in our lives, Mother's Day is the one day of the year that we really get to spoil them and show them how much we love them.

FACT:

Mother's Day is celebrated on different dates throughout the world. In Australia we always celebrate on the 2nd Sunday of May.

Creative Space

Sweetest Mum

CHILDREN WILL NEED:

Patterned paper, coloured paper, textas, stickers, scissors, glue, template of the cupcake top and message.

INSTRUCTIONS: Cut the cupcake top out of coloured card of your choice. Cut out the patty pan from the patterned paper. Glue the cupcake onto the patty pan. Cut out the sweet message and glue it into the middle of the cupcake. Decorate the cupcake top however you would like.

EXTENSION IDEAS: Glue the patty pan shape onto some thicker card stock to make it stronger and write your message on the back.



Make the craft for the special woman in your life. It might be Grandma, Aunty, Stepmum, Big Sister or family friend.



Play Spaces

Messy and fun outdoor activity!

Providing a diverse range of activities will support children's experience and whole developmental experience. Play spaces and activities can be set up as opportunities for free play.

Sensory Activity

Hand massage

You will need: Hand lotion and paper towel/wipes. You could also set up a spa, with some nice flowers and an essential oil room spray. Check with families before using room spray in case of any allergies.

Instructions:

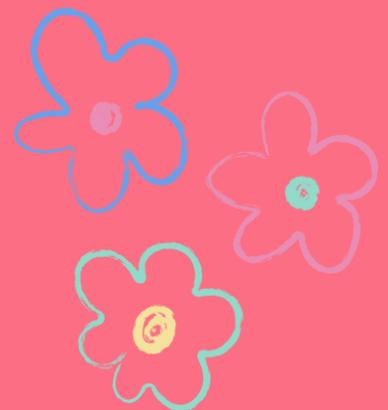
Place cream onto Mum's or special person's hand. Gently massage each part of the hand using your hands. Find out if Mum or your special person likes light or hard pressure. Take turns massaging hands. Wipe off any excess hand cream.



Outdoor Activity Flower bouquet



You will need: Outdoor Chalk, pavement or walls. Make a mural for all the Mums, Grandmothers, and special women at playgroup. Draw a big bunch of flowers, a flower for everyone on the pavement or wall.



Play Spaces

How to set up your Play Space...

Baby Play



Setting up a Baby Play area can be very simple. A soft mat and some pillows are a great start. Items to include could be a mirror on the wall, treasure baskets, musical instruments, surprise box with different texture materials or scarves. Board books and some open space so that baby can explore and roll.



Quiet Corner



A sensory tent or area is valuable for children who are overstimulated and need some quiet time or space away from the group. You can include pillows, a blanket, sensory toys such as glitter wands, stress balls, bubble timers, poppits, wooden fidget toys, reversible sequins cushions, books and ear muffs.

Social Space



Social spaces include role play opportunities where children can play out scenarios such as kitchens, cafes, supermarkets, doctors, florists, bakeries, airports, work bench with tools and many others. You may provide dress ups, items for sale or production or service. This can also include playing families and home making.



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Builder's Corner



Ways to set up a builders corner include duplo, cars and train sets, loose parts play, box construction, wooden blocks, stacking and building games, cup stacking, building a fort with blankets, arranging materials on a lightbox, sand play and plasticine.

Group Time

Mother's Day

Routines provide predictability for children

Activities to include in your Playgroup Routine

Welcome Song



Niina Marni [Niina Marni]

Niina marni? Niina marni? >> Marni'ai. Marni'ai

Wanti niina? Wanti niina? >> Wardli-ana, Wardli-ana.

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Shared Experience



Ask the children to talk about what they love most about their Mums, Grandmothers & special people. Talk about some of the ways they can show how much they love them. What are they doing to celebrate Mother's Day this year?

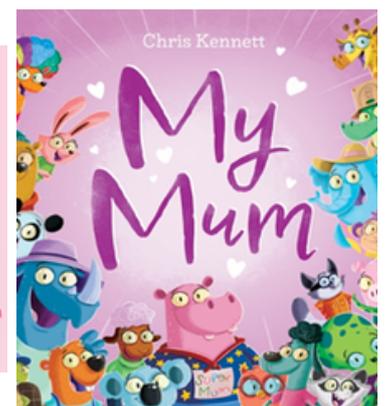
Story Time



Have a look at the local library or bookstore for:

My Mum's The Best by Rosie Smith & Bruce Whatley

My Mum by Chris Kennett.



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Goodbye Song



Where are the children? Where are the children?
Here they are! Here they are!
We had fun at Playgroup! We had fun at Playgroup!
Bye for now, Bye for now!

Framework



Playgroup SA's Playgroup Planning Framework has been designed to ensure that there is an evidence-informed approach to the planning of activities and experiences. There are five play types drawing on Mildred Partens work, the Australian Early Development Census (AEDC) domains of development are covered, and the five outcomes in the Early Years Learning Framework. The Programming framework ensures that children attending Playgroup are engaged, are participating and have a diverse set of activities and experiences to support them to thrive. When programming we make sure there are opportunities for purposeful play, we think development and plan for outcomes.

Play Types

'Play' is synonymous with how children spend most of their time in the first few years of life. People of all ages benefit from play and play-based activities. Play is the central mechanism, providing a strong foundation for learning. When activities programmed at Playgroup align with each of the Play Types, children will enjoy a rich and diverse learning experience at Playgroup. When children interact and experiment in the Playgroup environment, they will better organise and make sense of the world around them as they play.



Functional Play



Construction Play



Role Play



Explorative Play



Creative Play

AEDC Domains

AEDC developmental domains help to provide a common language for families, and educators to understand and discuss outcomes through a developmental lens when children engage in different play-based activities. The AEDC domains can be particularly useful for reflecting on how individual children's development is progressing, and programming activities that work toward achieving optimal outcomes for each child. Understanding these domains of development can help families connect the activities and experiences that will support children to develop the skills in preparation for transitioning into the pre-school and school environments.



Physical health and wellbeing



Social competence



Emotional maturity



Language and cognitive skills



Communication skills and general knowledge

Early Years Learning Framework

The EYLF is used as the central framework in Early Childhood Education settings. The EYLF was designed to ensure that children in all early childhood education and care settings have access to meaningful activities and experiences that will support children's learning from birth through to five years. EYLF is Play-based and recognises families as children's first educators. A quality experience at Playgroup aligned with EYLF outcomes will ensure that children will have the best chance of positive experiences in the learning environment at school.



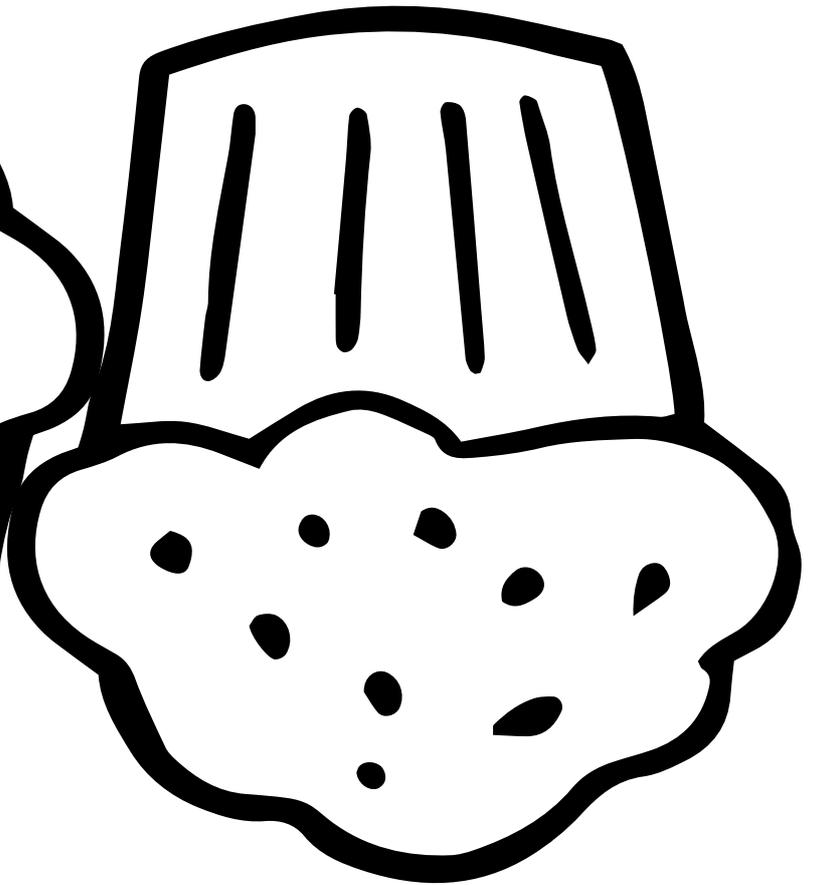
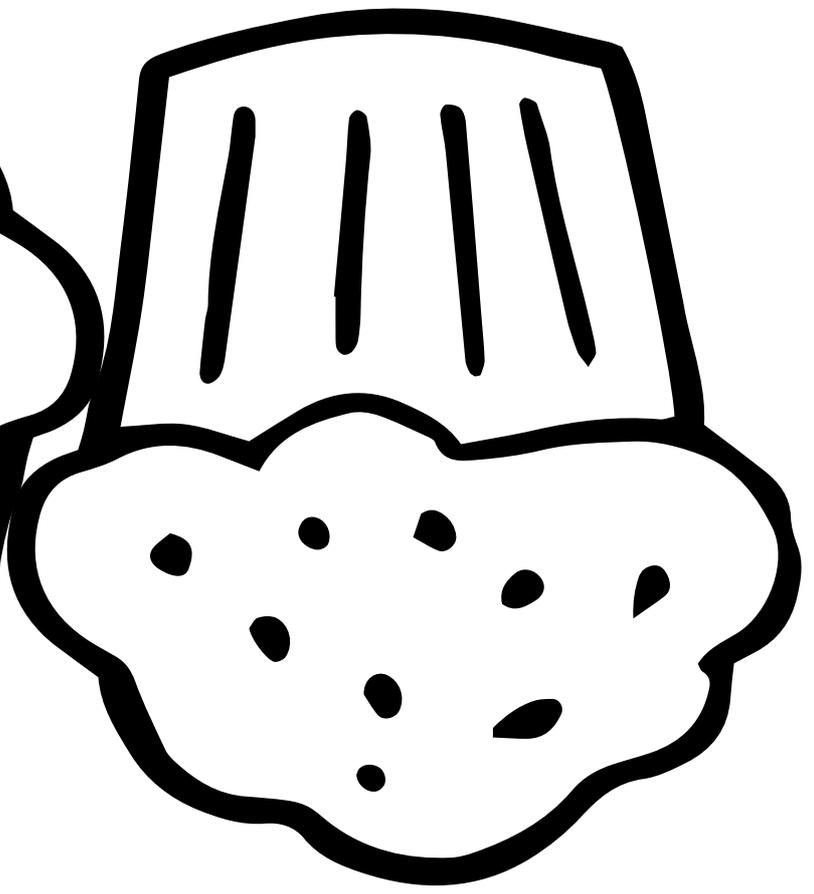
Outcome 1 Children have a strong sense of identity

Outcome 2 Children are connected with & contribute to their world

Outcome 3 Children have a strong sense of wellbeing

Outcome 4 Children are confident & involved learners

Outcome 5 Children are effective communicators



**You are the
sweetest
Mum!**

**You are the
sweetest
Mummy!**

**You are the
sweetest
Grandma!**

**You are the
sweetest
Aunty!**

**You are the
sweetest
Aunty!**

**You are the
sweetest
Aunty!**

**You are the
sweetest
Nanna!**

**You are the
sweetest
Nanna!**

**You are the
sweetest
Nanna!**

**You are the
sweetest
Mama!**

**You are the
sweetest
Mama!**

**You are the
sweetest
Mama!**

**You are the
sweetest
Special Mum!**

**You are the
sweetest
Special Mum!**

**You are the
sweetest
Special Mum!**

**You are the
sweetest
Special Friend!**

**You are the
sweetest
Special Friend!**

**You are the
sweetest
Special Friend!**