



Playgroup SA

Playgroup Weekly Session Planner

*Aboriginal & Torres Strait Island
Culture*

www.playgroupsa.com.au

CRAFT ACTIVITY

Aboriginal Culture is one of the oldest living cultures in the world, thought to be over 65 000 years old. Dreamtime is a big part of Aboriginal culture and how they share their connection to Country, and pass on their culture and history through stories.

Craft activity: Dot Painting

Children will need: A5 size black paper or card, colour paint, sticks.

Instructions: Using the sticks, dip the sticks into the paint and let the children explore this old traditional art form.

Extension ideas:

Use bark instead of paper to decorate. Research the colours used in traditional Aboriginal & Torres Strait Islander artworks.

Fact: There are thought to be between 250 and 363 Aboriginal languages still spoken today. Some only by a handful of people.



Learning Outcome 1: Children have a strong sense of identity.



OUTDOOR ACTIVITY

Sticky Bracelets

You will need: Wide masking tape. Access to a garden and/ outdoor space. Or bring a collection of items from home.

Instructions: Place a piece of masking tape around each child's wrist, sticky side up. Go for a walk in the outdoor area and ask the children to find some natural items to stick to the masking tape. Items could include flowers, grasses, leaves, small seeds, etc.

SENSORY ACTIVITY

Aboriginal people have a deep connection to Country. If you have outdoor space, get the children to take their shoes and socks off (weather permitting) and ask them to feel the grass, dirt beneath their feet. Look at the trees/plants around them. If you do have an Elder or Aboriginal person who can come to Playgroup ask them to talk about their connection to Country and how important it is to them.

GROUP TIME IDEAS

If you have a connection with a local Elder in your Community ask them to visit Playgroup to talk to the families about Aboriginal Culture within your Playgroup area. If you don't have any connections, try contacting your local Council to see if they can put you in touch with an Elder, here at Playgroup SA we are on Kurna Country. See if you can find what Country your Playgroup is located on.



BOOK SUGGESTIONS

Welcome to Country by Aunty Joy Murphy & Lisa Kennedy

