



Playgroup SA

*Playgroup Weekly
Session Planner*

Adelaide Cup

www.playgroupsa.com.au

CRAFT ACTIVITY

The Adelaide Cup is a horse race held here in Adelaide at the Morphettville racecourse. It is held on Monday the 9th March, which is a Public Holiday in South Australia.

Craft activity: Make your own racehorse.

Children will need: Horse template, brown or white paper/card, pencils/texta's, brown/black wool, glue, scissors, and wooden pegs.

Instructions: Print off the horse template onto the card or paper. If you don't have brown paper print onto white and let the children colour the horse in. Cut the wool into lengths for the mane and horse tail – glue on to the horse. Draw on eyes, saddle – whatever the children would like to dress their horse. Place pegs on to the bottom of the horse to make the legs.

Extension ideas: Using other textures/materials cut out to make a saddle and stick on to the horse. Make reins out of a different colour wool or string and stick on to the horse.

Fact: The horses in this race must be 3 years old or older to be able to race.



Learning Outcome 2: Children are connected with and contribute to their world.



OUTDOOR ACTIVITY

If you have Hobby Horses, organise horse races with the children as jockey's racing around outside. Put some feed and water troughs around so the horses can have something to eat and drink after their races.

SENSORY ACTIVITY

What do Horses eat? Sensory Tray

You will need: A tray, some hay if you can get some, add some dried corn, peas or beans (legumes), oats, grass, apple, and carrot. Some tweezers or tongs, bowls.

Instructions: Let the children feel and discover under the hay all the different things that the horse eats. Using the tongs to pick up the smaller items and place in a bowl.

GROUP TIME IDEAS

Have a talk about what was in the sensory tray and all the different things that a horse eats. Have a bowl with the items in there to pick out and show as you are talking about them.

Talk about how much water a horse drinks a day (up to 45 litres), and that they need a lot of salt in their diet because of all the water they drink. A Racehorse would drink even more water especially after running 3200m in the Adelaide Cup!



BOOK SUGGESTIONS

My Pony by Susan Jeffers

If I ran the Horse Show by Bonnie Worth

