



Playgroup SA

Playgroup Weekly Session Planner

Musical Instruments - Maracas

www.playgroupsa.com.au

CRAFT ACTIVITY

Musical Instruments - Maracas are an instrument associated with Latin American music.

Craft activity: Paper Bag Maracas

Children will need: Paper bag or Lunch bag, paint, crayons, markers, coloured pencils, stickers, sticky tape, rice, wheat, gumnuts, pasta, small pebbles or un popped Popcorn kernels.

Instructions: Decorate the paper bag on both sides as desired. Place a 2nd bag inside the decorated bag for reinforcement and fill the bag with filling of choice, approximately half a cup. This will also depend on the size of the paper bag used, use less or more filling according to size. Twist the bottom of the bag to form the handle of the Maraca. Sticky tape the handle to keep it from unwinding.

COVID Safe Suggestion: Individual craft set ups for the children. You may need to clean things like scissors, glue sticks etc after each child's use if there are more children than individual set up spots.

Extension ideas: For older children you may wish to use a wooden handle for the Maraca and tape on.

Fact: Maracas are usually played in pairs, with either one in each hand or two held together in one hand.



Learning Outcome 2: Children are connected with and contribute to their world.



OUTDOOR ACTIVITY

Hold an outdoor Mexican party with paper bag maracas that the children have made and include some confetti. Ask families to bring sombrero hats if they have some and the children can be a marching Maracas Band.



GROUP TIME IDEAS

Maraca Statues – Play some music or shake your maracas, let the children dance around and when the maracas stop, the children must stand still like a statue.



A passenger train speeding past

BOOK SUGGESTIONS

Alpacas with Maracas by Matt Cosgrove & Cinco de Mouse'O by Judy Cox

