



Playgroup SA

Playgroup Weekly Session Planner

Messy Play Month

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CRAFT ACTIVITY

May is Messy Play month in the Playgroup Calendar. Messy Play is a great way to immerse yourself in all sorts of fun activities. Mud Play, water play, slime, gloop and playdough are just some of the fun ways you can get messy during Messy Play month. For this week come to Playgroup in clothes suitable to get messy in!

Craft activity: Squirt Painting

Children will need: Washable paint or food colouring, water pistols or spray bottles. You could even use washed out old sauce bottles. Paper, masking tape, bulldog clips, easel or a large tarp that can be hung up and the paper stuck to it.

Instructions: If using paint – add 1 cup of water to 3 tablespoons of paint. Food coloring – fill bottle/pistols with water and add enough drops of food colouring to colour the water. Hang the paper on the easel or tarp and let the children squirt their paper using different colours to create a masterpiece. Things could get messy, so paint smocks or old clothes would be a great idea to wear during this activity. *Note:* This activity is best done outdoors or in a wet area.

Extension ideas:

Hang a large piece of material and make a large mural for the Playgroup that can be hung up and signed by all the children who helped create the work of art.

Fact: Babies and nonverbal children benefit from messy play. They learn valuable communication skills through Messy Play.



Learning Outcome 2: Children are connected with & contribute to their world.



OUTDOOR ACTIVITY

Water Play – set up bowls/trays with some water and place some items in them they children can use to play in the water. Sea animals, pebbles, scoops and pourers.

SENSORY ACTIVITY

Coloured Rice

You will need: Rice, vinegar, food colouring, trays, and storage containers to keep the rice in. Scoops, pourers, spoons.

Instructions: Separate the rice evenly into trays, add different colour food colouring to each tray, and a few drops of vinegar. Using a spoon or fork, mix the food colouring and vinegar into the rice. Ideally leave overnight to dry, and once dry put into an airtight container. Pour coloured rice all together or keep separately in trays and let the children touch and feel the rice and use utensils to mix, pour and hold the rice.

GROUP TIME IDEAS

Why not do an experiment that all the children can watch - Exploding Volcano. See the attached Messy Play Recipes for the instructions.



BOOK SUGGESTIONS

Peppa Pig's The Biggest Muddy Puddle in the World & Peppa Pig's Muddy Festival

