



Playgroup SA

*Playgroup Weekly
Session Planner*

Music Month

www.playgroupsa.com.au

CRAFT ACTIVITY

According to the Brain and Creativity Centre's 2016 study, Musical experiences in childhood can accelerate brain development, particularly in the areas of language and reading skills. Music, however, is not only beneficial for children's development, but also brings joy to all.

Craft activity: Rainbow Paper Plate Tambourine

Children will need: Paint, paintbrushes, paper plate, hole punch, glue, ribbon, bells

Instructions: Paint the underside of the paper plate using a range of colours. Once dry, fold the plate in half and glue the curved sides together. Once dry, use the hole punch to place some holes on the curved edge of the tambourine. Use ribbon to tie the bells to each hole. Ensure knots are tied tightly so the bells do not come loose.

Extension ideas:

You can fill the tambourine with cotton balls if you wish to "puff out" the tambourine. Babies and younger children can fingerpaint instead of using brushes. Adults may need to assist to use the hole punch.

Fact: Music, along with painting, poetry, literature and architecture, was Olympic event from 1912 until 1948.



Learning Outcome 3: Children have a strong sense of wellbeing.



OUTDOOR ACTIVITY

Parachute songs – Refer to the Playgroup SA Parachute Song sheet for song ideas. Use the parachute, or a large piece of material with children outside. You can add scrunched up paper, plastic balls or other light items, on the parachute.

SENSORY ACTIVITY

Water Xylophone

You will need: Jars, food colouring, access to water, mallets (xylophone sticks) or sticks.

Instructions: Fill several glass jars with water, all at different levels. Add a couple of food colour drops to each jar. Allow the children to play the xylophone using the sticks or mallets provided. PLEASE NOTE: As the jars need to be glass, adult supervision will be required at all times.

GROUP TIME IDEAS

Musical Conga Line – Children and adults can dance the conga line to music, shaking their tambourines as they move.

Walk around your indoor or outdoor area.

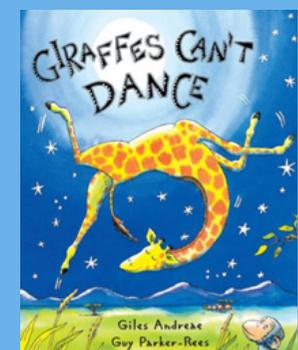
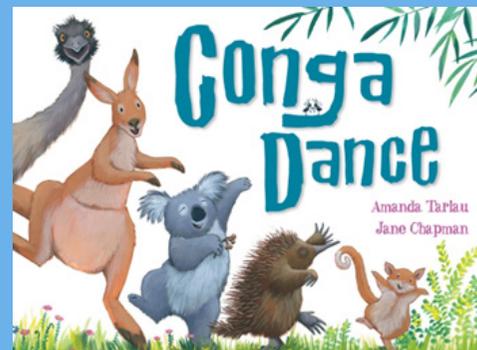
Encourage all children to join in the musical fun.



BOOK SUGGESTIONS

Conga Dance by Amanda Tarlau and Jane Chapman

Giraffes can't dance by Giles Andreae Illustrated by Guy Parker-Rees





Songs to Sing with PARACHUTES

Where is _____?

Children under parachute & continue until every child's name has been said

Where is _____?

Here he/she is.

Ring a Rosie

A ring, a ring of rosie,
A pocket full of posies,
A-tish-yoo, a-tish-yoo,
We all fall down!

The cows are the meadow
eating buttercups.

A-tish-yoo, a-tish-yoo,
We all stand up!

A ring, a ring of rosie,
A pocket full of posies,
A-tish-yoo, a-tish-yoo,
We all fall down!

Fishes in the water,
Fishes in the sea.

We all jump up
With a one, two, three!

Round and Round

Sung to the tune of 'Here We Go 'Round The Mulberry Bush'

All the children go 'round and 'round, 'Round and 'round, 'round and 'round.

All the children, go 'round and 'round, Then we all fall down.

Shake, Shake, Shake

We're going to shake, shake, shake
the parachute
shake, shake, shake the parachute,
We're going to shake, shake, shake
the parachute
Shake it really fast!

Our Parachute Goes Up And Down

Sung to the tune of 'Wheels on the Bus'

Our parachute goes up and down,
Up and down, up and down,
Our parachute goes up and down,
Shake it. Listen to the sound.

Our parachute goes up and down,
Up and down, up and down,
Our parachute goes up and down,
Shake it slowly to the ground. If

You're Happy
And You Know It

If you're happy and you know it
shake the parachute

If you're happy and you know it
shake the parachute

If you're happy and you know it
then you really ought show it.

If you're happy and you know it
shake the parachute. Jelly On A Plate

Jelly on a plate

Jelly on a plate

Wibble, wobble, wibble, wobble

Jelly on a plate

Popcorn! Popcorn!

Use balls of newspaper for popcorn or light plastic balls

Popcorn, Popcorn,

Pop! Pop! Pop!

Popcorn, Popcorn,

Pop! Pop! Pop!

Continue until all the balls fall off the parachute

Goodbye Song

Sung to the tune of 'frère jaques'

Children hide under the parachute
Where are the children? Where are the children?

Here they are, Here they are. (lift up parachute and begin shaking it)

We had fun at playgroup, We had fun at playgroup.

Bye for now. Bye for now.