



Playgroup SA

Playgroup Weekly Session Planner

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CRAFT ACTIVITY

Everyone's face is different. There are different skin tones, nose shapes, and eyebrows. We can have different eye colours and shapes too. Some of us may look similar to our family but we are all unique, which is what makes us all special!

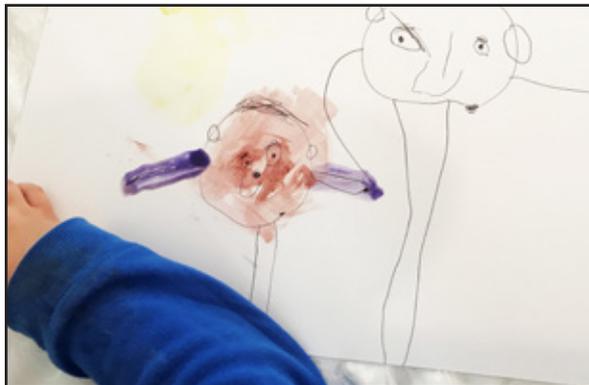
Craft activity: Self Portrait

Children will need: Paint, paper and textured items such as wool/material. Let the children paint what they think their face looks like or have them paint their parent/carers face.

Extension ideas:

Adults can "trace" their child's head (face pointing to left or right), to make a shadow portrait. Children can paint their portrait with black paint. Children could paint onto a canvas as a keepsake.

Fact: There are more than 40 muscles in the face, they help us to eat, speak, communicate, express feelings and kiss!



Learning Outcome 2: Children are connected and contribute to their world.



OUTDOOR ACTIVITY

Sand Faces

Place sand in trays or utilise your sandpit. Explore drawing faces in the sand, objects such as bottles, twigs etc can be explored to explore different effects.

SENSORY ACTIVITY

Face Play

Try to utilise each sense that we can experience on our face. Have a sensory tray with items such as feathers, ribbons, strips of textured materials that children can run over their face to feel the different textures. Play some different sounds and have the children identify the sounds. Dried or fresh herbs (mint/rosemary/basil) can be incorporated to offer a smelling experience. Use this time to also offer up fruit snacks and try to describe the different tastes and colours of each fruit.

Place the shredded paper into a tray and hide the items in it. Let the children explore the shredded paper to find the hidden items.

GROUP TIME IDEAS

Look in the mirror and talk about each child's eye colour and hair colour. Count how many noses, ears, eyes and mouths each child has.



Sand faces outdoor activity

BOOK SUGGESTIONS

Baby Faces by Amy Pixon

Funny Face by Nicola Smee

