



Playgroup SA

Playgroup Weekly Session Planner

Nature Play

www.playgroupsa.com.au

CRAFT ACTIVITY

Nature Play is a great way to get children outside, being active and thinking differently about how they can play, without the need for much parental or adult involvement.

Craft activity: Nature Play Craft

Children will need: Coloured paper, Scissors, Sticky tape, glue, twigs, leaves, flowers or any other nature items that they can find in the outdoors.

Instructions: Use your imagination to create all types of insects, people, animals or creatures. You can make whatever you choose.

COVID Safe suggestions: COVID Safe suggestions: Set up individual craft stations, for social distancing, and wipe over items used and table before setting up for the next child. Or make up a craft pack for the children to take home.

Extension ideas: Use your imagination to create all types of insects, people, animals or creatures. You can make whatever you choose.

Fact: Nature Play significantly improves all aspects of a child's development – physical, cognitive, social and emotional.



Learning Outcome 4: Children are confident and involved learners.

OUTDOOR ACTIVITY

Combine the outdoor and group time activities – arrange an excursion with the group. Head to your nearest nature play Playground/Forest/Beach. Even a visit to your local park or playground. Let the children explore the surroundings and begin to adapt their play with nature.

GROUP TIME IDEAS

Get some masking tape or wide sticky tape and wrap around the children's wrists – sticky side facing up, have a walk around outside and let the children find bits of nature and have them stick it on to their sticky wrist. Come inside and let the children show what they have found on their walk. For example: leaves, feathers, petals.



BOOK SUGGESTIONS

The Listening Walk by Paul Showers & Alike and Maisy's Nature Trail by Lucy Cousins

