



Playgroup SA

Playgroup Weekly Session Planner

Sustainability Month

www.playgroupsa.com.au

CRAFT ACTIVITY

Sustainability is the knowing what impact we, as children, adults and animals, have on the Earth. What will be left for future generations? To ensure our planet is healthy for the future, we can think about our water use, recycling anything we can and planting lots of trees and shrubs.

Craft activity: Egg Carton Caterpillars

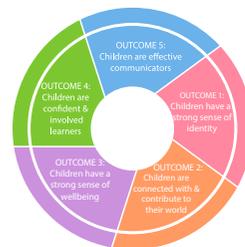
Children will need: Egg cartons cut into 3-4 egg cup sections and trimmed, paint, textas, pipe cleaners cut in half, scissors.

Instructions: Paint or colour the caterpillar in bright colours, draw on some eyes and a mouth. Pierce two small holes in the top of the head of the caterpillar and thread through. Bend the ends underneath to secure and then curl the tops to make antennae.

COVID Safe suggestions: Set up individual craft stations, for social distancing, wipe over items used and table before setting up for the next child. Or make up a craft pack for the children to take home.

Extension ideas: If you have any textas that are running out of ink, why not try a sustainable challenge, don't throw them away, place them in a jar of water and leave for a few hours to a day. The water will turn the colour of the texta – paint your caterpillar using the recycled textas – now water colours.

Fact: Recycling a single 500ml aluminium can saves enough energy to power a TV for over 4 hours.



Learning Outcome 2: Children have a strong sense of wellbeing

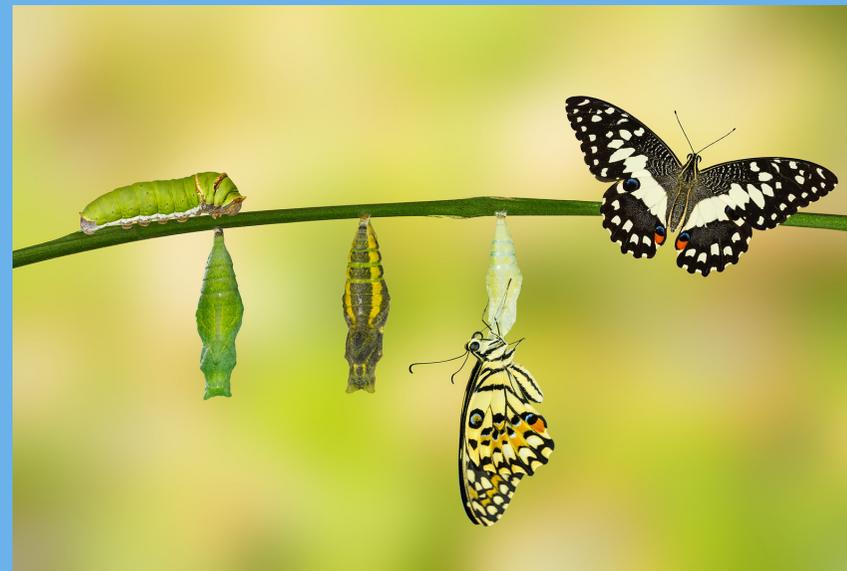


OUTDOOR ACTIVITY

Ask the children to bring in an empty soft drink or milk bottle. Help the children to pierce some holes in the lid. Decorate the bottle with stickers. Fill the bottle up and let the children go outside and water the garden if you have the space or let them water indoor plants. They can take their new watering bottle

GROUP TIME IDEAS

Using the resource below – print off and talk to the children about the importance of using the 3-bin system – Recycling, Green Waste and normal bin. Show them what goes into each bin and explain why we try and do this. That we are trying to stop as much rubbish as we can from going to landfill. If we can reuse, recycle as much as possible it is better for our planet.



BOOK SUGGESTIONS

10 Things I can do to help my world
& My green day by Melanie Walsh

