



**Playgroup SA**

*Playgroup Weekly  
Session Planner*

*The Very Super Bear by Nick Bland*

[www.playgroupsa.com.au](http://www.playgroupsa.com.au)

# CRAFT ACTIVITY

This term we are introducing The Very Super Bear by Australian Author Nick Bland. The Very Super Bear and his friend Bruce the Goose are trying to save the jungle from a big cranky, yellow monster. Can they save the jungle before the yellow monster destroys it all?

**Craft activity:** Superhero Craft

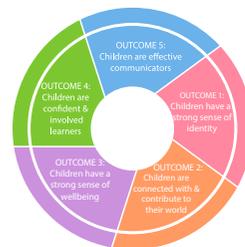
**Children will need:** Coloured paper, Pop sticks, texta's, scissors, glue.

**Instructions:** Colour the pop stick in whatever colour you would like, cut a long triangle shape out of the coloured paper and stick on the back of the pop stick for the superhero cape. Cut a small strip of the same coloured paper and stick to the top of the pop stick as the mask – draw on eyes or cut two small white eyes and glue on then add colour for the eyes and draw on a mouth. Write your initial on the pop stick – the Superhero is now you!

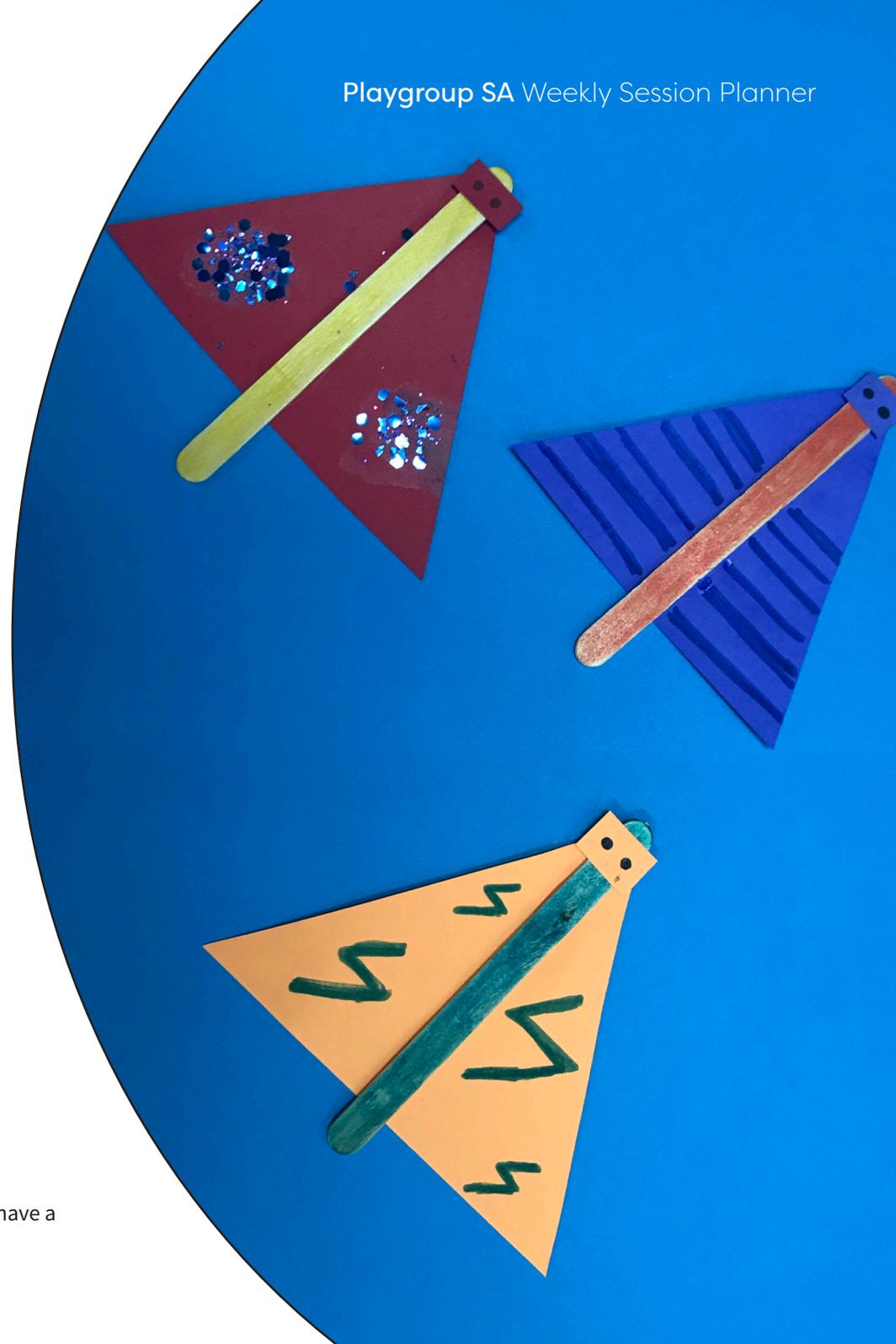
**COVID Safe suggestions:** COVID Safe suggestions: Set up individual craft stations, for social distancing, wipe over items used and table before setting up for the next child. Or make up a craft pack for the children to take home.

**Extension ideas:** Add some hair to your Superhero using wool or thinly cut paper strips and glue to the back of your superhero's head. Decorate your cape in more details by adding more colour, patterns or stickers.

**Fact:** Nick Bland has several Books he has written in the Bear series – The Hungry Bear, The Itchy Bear, The Very Cranky Bear, The Very Noisy Bear, The Sleepy Bear & the Brave Bear.



**Learning Outcome 1:** Children have a strong sense of identity.



# OUTDOOR ACTIVITY

Encourage the Children to play outside as their very own Superheroes. Whether or not they wear a cape - they can climb, run, walk, roll, help others. Let them and their friend's role play Superhero games, you can start the game by demonstrating what you would do as a Superhero!

# GROUP TIME IDEAS

Read the Very Super Bear at Group Time. Ask the children if they think that The Very Super Bear is a Superhero? What did they think of the yellow monster? Ask them to talk about who they think are Superheroes? Can they think of everyday Superheroes?



# BOOK SUGGESTIONS

The Very Super Bear by Nick Bland

The Very Noisy Bear by Nick Bland

