



Playgroup SA

Playgroup Weekly Session Planner

Valentine's Day

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CRAFT ACTIVITY

Its Valentine's Day on February 14th. Valentine's Day is a 600-year-old tradition, of people exchanging cards or gifts with the one they love.

Craft activity: Thread your heart

Children will need: Pink or red card, ribbon or string, hole puncher, scissors, black texta/crayon, sticky tape.

Instructions: Cut heart shapes (template below) out of the pink and red card. Hole punch around the edge. In the middle write "I Love You" in black texta or crayon. Using string or ribbon, thread through the hole punches in whatever pattern or way you would like. Once you have threaded through each hole, tie off the string/ribbon at the back and stick down with sticky tape. Give your Heart to your favourite person.

Extension ideas:

Use multiple types of string or ribbon to thread through. Create different patterns and textures.

Fact: Chocolate is the most popular gift for Valentine's Day.



Learning Outcome 5: Children are effective communicators.



OUTDOOR ACTIVITY

Go on a Valentines Scavenger Hunt. See below example you can use or make your own list of Valentines themed items the children need to see or find. If you don't have an outdoor space, hide heart shape items around the Playroom and make a list of them for the Children to tick off when they've found them.

SENSORY ACTIVITY

Sensory Playdough

Make a batch of sensory Playdough (see below recipe) using red, pink or Unicorn food colouring with a few drops of sweet essence such as rosehip or peppermint. You could even add rose petals to the Playdough as you are mixing.

You will need: Playdough - 1 Cup of Plain Flour, ½ Cup of Salt, 2 Tablespoons of Cream of tartar, 1 Tablespoon of oil, 1 Cup of Boiling water, 1-2 drops of Food colouring & Essence if using.

Instructions: Mix together the dry ingredients in a large bowl. In a separate bowl or jug mix the oil, food coloring and essence, then pour into the dry ingredients and mix slowly until a dough form's. Then knead until smooth and stretchy. Store in an airtight container in the fridge until needed. We suggest giving children their own individual portion to play with and then take home or throw out. they explore ways to get the animals out of the ice.

GROUP TIME IDEAS

Read to the Children the suggested books or any book that talks about Love & Friendship. Discuss what Love means to them, and who their Valentine might be.



BOOK SUGGESTIONS

Guess How Much I Love You by Sam McBratney & Anita Jeram
Itsy-Bitsy I Love You by Sandra Magsamen

